



Earth Changes







Earth Changes



**Historical, Economical,
Political, and Global**

By Edgar Cayce



A.R.E. Press • Virginia Beach • Virginia





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1st Printing, January 2013

Printed in the U.S.A.

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A.R.E. Press
215 67th Street
Virginia Beach, VA 23451-2061

ISBN-13: 978-0-87604-722-4

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Cover design by Richard Boyle



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Foreword

Who Was Edgar Cayce?

Edgar Cayce (1877–1945) has been called “the sleeping prophet,” “the father of holistic medicine,” “the miracle man of Virginia Beach,” and “the most documented psychic of all time.” For forty-three years of his adult life, he had the ability to put himself into a self-induced sleep state by lying down on a couch, closing his eyes, and folding his hands over his stomach. This state of relaxation and meditation enabled him to place his mind in contact with all time and space and gave him the ability to respond to any question he was asked. His responses came to be called “readings” and contain insights so valuable that even to this day Edgar Cayce’s work is known throughout the world. Hundreds of books have explored his amazing psychic gift, and the entire range of Cayce material is accessed by tens of thousands of people daily via the Internet.

Although the vast majority of the Cayce material deals with health and every manner of illness, countless topics were explored by Cayce’s psychic talent: dreams, philosophy, intuition, business advice, the Bible, education, child rearing, ancient civilizations, personal spirituality, improving human relationships, and much more. In fact, during Cayce’s lifetime he discussed an amazing 10,000 different subjects!

The Cayce legacy presents a body of information so valuable that Edgar Cayce himself might have hesitated to predict its impact on contemporary society. Who could have known that eventually terms such as *meditation*, *auras*, *spiritual growth*, *reincarnation*, and *holism* would become household words to millions? Edgar Cayce's A.R.E. (the Association for Research and Enlightenment, Inc.) has grown from its humble beginnings to an association with Edgar Cayce Centers in countries around the world. Today, the Cayce organizations consist of hundreds of educational activities and outreach programs, children's camps, a multi-million dollar publishing company, membership benefits and services, volunteer contacts and programs worldwide, massage and health services, prison and prayer outreach programs, conferences and workshops, internet and online activities, and affiliated schools (Atlantic University: AtlanticUniv.edu and the Cayce/Reilly® School of Massotherapy: CayceReilly.edu).

Edgar Cayce was born and reared on a farm near Hopkinsville, Kentucky. He had a normal childhood in many respects. However, he could see the glowing energy patterns that surround individuals. At a very early age he told his parents that he could see and talk with his grandfather—who was deceased. Later, he developed the ability to sleep on his schoolbooks and retain a photographic memory of their entire contents.

As the years passed, he met and fell in love with Gertrude Evans, who would become his wife. Shortly thereafter, he developed a paralysis of the vocal cords and could scarcely speak above a whisper. Everything was tried, but no physician was able to locate a cause. The laryngitis persisted for months. As a last resort, hypnosis was tried. Cayce put himself to sleep and was asked by a specialist to describe the problem. While asleep, he spoke normally, diagnosing the ailment and prescribing a simple treatment. After the recommendations were followed, Edgar Cayce could speak normally for the first time in almost a year. The date was March 31, 1901—that was the first reading.

When it was discovered what had happened, many others began to want help. It was soon learned that Edgar Cayce could put himself into this unconscious state and give readings for anyone—regardless of where the person was. If the advice was followed, they got well. News-

papers throughout the country carried articles about his work, but it wasn't really until Gertrude was stricken with tuberculosis that the readings were brought home to him. Even with medical treatments, she continued to grow worse and was not expected to live. Finally, the doctors said there was nothing more they could do. A reading was given, recommending such things as osteopathy, hydrotherapy, inhalants, dietary changes, and prescription medication. The advice was followed and Gertrude returned to perfectly normal health.

For decades, the Cayce readings have stood the test of time, research, and extensive study. Further details of Cayce's life and work are explored in such classic books as *There is a River* (1942) by Thomas Sugrue, *The Sleeping Prophet* (1967) by Jess Stearn, *Many Mansions* (1950) by Gina Cerminara, and *Edgar Cayce: An American Prophet* (2000) by Sidney Kirkpatrick. Further information about Edgar Cayce's A.R.E., as well as activities, materials and services, is available at EdgarCayce.org.

Throughout his life, Edgar Cayce claimed no special abilities, nor did he ever consider himself to be a twentieth-century prophet. The readings never offered a set of beliefs that had to be embraced, but instead focused on the fact that each person should test in his or her own life the principles presented. Though Cayce himself was a Christian and read the Bible from cover to cover every year of his life, his work was one that stressed the importance of comparative study among belief systems all over the world. The underlying principle of the readings is the oneness of all life, a tolerance for all people, and a compassion and understanding for every major religion in the world.

Today, the Cayce organizations continue the legacy begun by Edgar Cayce with an undergirding mission "to help people change their lives for the better—physically, mentally, and spiritually—through the ideas in the Edgar Cayce material."

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Changes in Prehistory

[Background: Reading regarding the appearance of humankind in the earth, the various races, and changes in the earth's surface.]

Reading 364–13; November 17, 1932

(Q) Are the places designated for the beginning of the five races correct?

(A) As we find, these are changed, in that: Those in the Gobi, the yellow. The white—rather in the Carpathians than India, though this is the change to which they are made. The red, of course, in the Atlantean and in the American. The brown in the Andean. The black in the plain and the Sudan, or in African.

(Q) Where was the Carpathian region?

(A) Aarat.

(Q) Where is the location? Is it on the map today?

(A) Southern part of Europe and Russia, and Persia and that land. Caucasian mountains.

(Q) Why was the number five selected for the projection of the five races?

(A) This, as we find, is that element which represents man in his physical form, and the attributes to which he may become conscious from the elemental or spiritual to the physical consciousness . . .

(Q) Did the appearance of what became the five races occur simultaneously?

(A) Occurred at once.

(Q) Describe the earth's surface at the period of the appearance of the five projections.

(A) This has been given. In the first, or that known as the beginning, or in the Caucasian and Carpathian, or the Garden of Eden, in that land which lies now much in the desert, yet much in mountain and much in the rolling lands there. The extreme northern portions were then the southern portions, or the Polar Regions were then turned to where they occupied more of the tropical and semi-tropical regions; hence it would be hard to discern or disseminate the change. The Nile entered into the Atlantic Ocean. What is now the Sahara was an inhabited land and very fertile. What is now the central portion of this country, or the Mississippi basin, was then all in the ocean; only the plateau was existent, or the regions that are now portions of Nevada, Utah and Arizona formed the greater part of what we know as the United States. That along the Atlantic board formed the outer portion then, or the lowlands of Atlantis. The Andean, or the Pacific coast of South America, occupied then the extreme western portion of Lemuria. The Urals and the northern regions of same were turned into a tropical land. The desert in the Mongolian land was then the fertile portion. This may enable you to form *some* concept of the status of the earth's representations at that time! The oceans were then turned about; they no longer bear their names, yet from whence obtained they their names? What is the legend, even, as to their names?

(Q) Are the following the correct places? Atlantean, the red.

(A) Atlantean and American, the red race.

(Q) Upper Africa for the black?

(A) Or what would be known now as the more *western* portion of Upper Egypt for the black. You see, with the changes—when there came the uprisings in the Atlantean land, and the sojourning southward—with the turning of the axis, the white and yellow races came more into that portion of Egypt, India, Persia and Arabia.

[Background: Reading regarding the appearance of humankind in the earth, and the beginning of the first attempts to understand humankind's relationship to the Creator.]

Reading 5748–2; May 28, 1925

Now, as we see, as given, how and what the classifications were of the physical in the earth's plane at that period, the numbers then of human souls in the earth plane being a hundred and thirty and three million (133,000,000) souls. The beginning then of the understanding of laws as applied from man's viewpoint being in this second rule in the country now Egypt. The rule covering the period of a hundred and ninety and nine (199) years, and the entity giving the chance to the peoples, for the study being in the twenty and eighth (28th) year, when [he] began to gather the peoples together for this and surrounding himself with those of that land and of the various lands wherein the human life dwelled at that period. The numbers of the people that came together for the purpose then numbering some forty and four (44).

The Courts as were made were in the tents and the caves of the dwellers of the then chosen priest from the Arabian or Tibetan country, who came as one among those to assist with the astrologer and the soothsayers of the desert of now the eastern and western worlds, and with this the conclave was held for many, many, moons. The period in the world's existence from the present time being ten and one-half million (10,500,000) years, and the changes that have come in the earth's plane many have risen in the lands. Many lands have disappeared, many have appeared and disappeared again and again during these periods, gradually changing as the condition became to the relative position of the earth with the other spheres through which man passes in this solar system.

The first laws, then, partook of that of the study of self, the division of mind, the division of the solar systems, the division of man in the various spheres of existence through the earth plane and through the earth's solar system. The *Book of the Dead*, then, being the first of those that were written as the inscribed conditions necessary for the development in earth or in spirit planes. These, as we see, covered many various phases. About these were set many different ones to give the interpretation of same to the peoples in the various spheres that the individuals dwelled in that came together. Hence the difference in the manner of approaching the same sacrificial conditions in the various spheres, yet all using the Sun, the Moon, the Stars, as the emblems of the conditions necessary for the knowledge of those elements as enter in; same as the fish

representing the water from which all were drawn out, as we would see from the various changes.

[Background: Reading regarding the appearance of humankind in the earth, and the beginning of the first attempts to understand humankind's relationship to the Creator.]

Reading 5748-3; June 1, 1925

GC: You will have before you the reading given on the psychic work of Edgar Cayce, present in this room, on the afternoon of 5/28/25, and you will continue with this reading regarding the information of the first laws concerning man's relation to Higher Forces, giving this in an outline manner and how this was given to the people.

EC: Yes, we have the information as given and the conditions as surrounded the giving of the first laws as regarding the indwelling of Higher Forces in the earth's plane, and man attempting to make application of same.

Now as we see, we have the general outline of those conditions of man in the earth plane at the period or age, as is judged from man's viewpoint, of this gathering as caused by the second ruler of the peoples that dwelled in that portion of the earth's plane, now known as Egypt. There is to be considered, now, also those conditions under which man, as man, lived during that period in the various spheres in which man dwelt. In that land we find the peoples comparatively free from the invasion of the beasts of the field, save those as were being used for man's development and for the use of man as servant or as man's beast of burden. While we find in the now Tibetan country, then the land of the many waters, the indwelling of those of many beasts whom man had to defend self against. Again in the Mongoloid region many others of the species and nature that were destructive to man's indwelling in many ways. Also those in Caucasia, or the lighter or whiter peoples. Also in the land of the plains in the Northern spheres in the Western portion of the earth's plane, many beasts and many conditions, and man then [was] in the way of having a different understanding, for different conditions were to be met, as were also in the Southern portion.

Then, as these were gathered from the five nations, we find the subjects of those pertaining to manifestations of the development of man and man's ability to cope with the conditions, and the forces wherein men were given their supremacy over the other conditions in the earth's plane. And the first as was given by the ruler was, then, [that] the force that gives man, in his weak state, as it were, the ability to subdue and overcome the great beasts that inhabit the plane of man's existence must come from a higher source. Hence the first law of self-preservation in the physical plane attributed to Divine or Higher Forces. Just as the elements adding to the betterment of man's condition in the earth plane, we have then the rudiments of that as was taught. Hence began, as given, the study of the indwelling of that other than man's physical prowess, yet there were many men of giant stature to meet the conditions as seen, yet the approach of that same force to some was reached through the power, heat, significance of Sun's force, of Moon's wane, of waters bringing forth all manners of organisms necessary for developments in the plane.

Then, we have the gathering together then of this group, from the farthest places—forty and four (44). As we see, [this number] will run through many numbers, for, as we find, there is the law pertaining to each and every element significant to man's existence considered and given in one manner or form by the groups as gathered at this meeting.

We are through for the present.

[Background: Life reading given to a seventy-two-year old female who was told that she had once lived during the sinking of Lemuria.]

Reading 851-2; January 31, 1935

Before that we find the entity was in that land now known as the American, during those periods when there were the changes that had brought about the sinking of Mu or Lemuria, or those peoples in the periods who had changed to what is now a portion of the Rocky Mountain area; Arizona, New Mexico, portions of Nevada and Utah.

The entity then was among the princesses of the land that established there the teachings of the Law of *One*, from the activities in the land which had brought destructive forces through the separations from